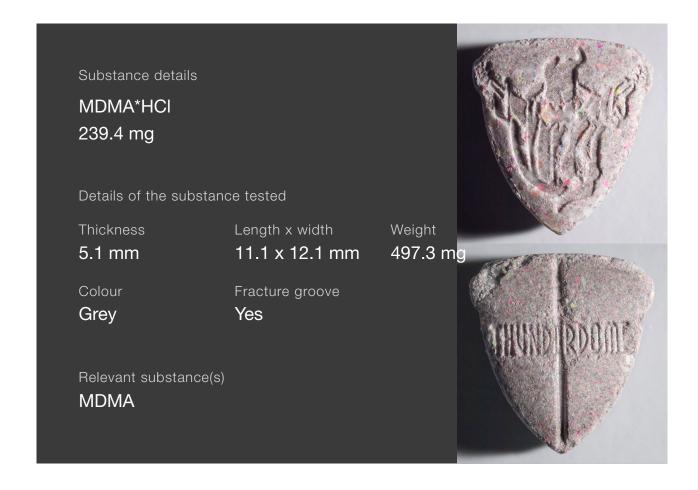
# **Thunderdome**

**Alerts** 

extremely high doses of XTCs

**Zurich (mobile)** 

25.6.22



## **Risk assessment**

More than 1.5 mg MDMA per kg body weight for men and 1.3 mg per kg body weight for women is too much (e.g. woman  $60 \text{kg} \times 1.3 = \text{max}$ . 78mg MDMA). Side effects such as "jaw grinding", eye and nerve twitching, and even seizures can occur. In overdoses, the body temperature rises more and hallucinations may occur. On the following days, after taking such high doses of MDMA, depression, lack of concentration, sleep disorders and loss of appetite occur more frequently. Regular use of large amounts of

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MDMA is neurotoxic and increases the likelihood of irreparable brain damage.

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### **Alert level**



### **Safer Use**

#### **Testing**

Have your substances tested in a Drug Checking

### **Drinking**

Remember: Drink nonalcoholic drinks (3 dl / hour) and take breaks in the fresh air from time to time to prevent overheating / dehydration.

#### **Testing**

If you do not have the possibility to have substances analysed, first test a maximum of one third of the pill, as many high-dose tablets are in circulation.

#### **Accept**

Accept when the effect runs out, because "re-spiking" increases the toxicity (poisonousness) of MDMA.

#### Wait and see

Wait 2 hours after taking the tablet, as tablets with unexpected active ingredients are often in circulation, which can have a later onset of action.

#### Disclaimer

If you are in possession of a substance that does not appear on this page, this in no way means that it contains the expected ingredient or that it should be safe. The warnings we publish only refer to the substances listed in our Drug Checking offers, these substances pose a high risk of consumption and should not be consumed. A substance may have the same visual appearance (shape, size, colour, etc.) and yet have different ingredients or a different composition. There is no drug use without risk! Only a complete renunciation of drugs is risk-free! If you still decide to use drugs, you should at least follow the safer use rules.



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